

The Blind Spot Test

Draw two dots on a piece of paper, about 3 inches (about 7 cm) apart. Label the left one “A” and the right one “B”

A



B



Hold the paper at arm’s length from your face. Close your left eye and stare at Point A, and *very slowly* bring the paper closer to your face. At some point, you will notice that Point B will disappear.

This can be done using your right eye as well. Close your right eye and stare at Point B as you move the paper closer.

This effect is caused by the lack of vision where the optic nerve joins the retina. But our brain “fills in” the blind spot so we don’t notice it unless we’re looking for it.

